

# Real Catholic Men Newsletter

January 1, 2010

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*I urge you, brothers, in the name of our Lord Jesus Christ, that all of you agree in what you say, and that there be no divisions among you, but that you be united in the same mind and in the same purpose.*

*1 Cor 1:10*

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## Radio Show Debuts 1/13

A slight correction regarding the premiere of the RCM radio program: the series debuts **January 13<sup>th</sup>** and will air on KBVM (88.3 FM) Wednesdays and Fridays at 4:15 PM. I have recently had the pleasure of interviewing John LaBriola, Fr. Larry Richards & Joe McClane (a.k.a. the "Catholic Hack") for the program.

I appreciate any constructive feedback you may have regarding the show – I can handle the truth, so long as it's presented in love! The show will continue to evolve and find its "voice" over time.

Send your thoughts and suggestions to: [David@RealCatholicMen.com](mailto:David@RealCatholicMen.com)

## It's Great to be a Real Catholic in 2010!

Real Catholic Ministries is pleased to provide a number of opportunities for men (and women!) to grow in their faith in 2010. Here are a few of the scheduled highlights with still more to come:

- **Men on a Mission Faith-Sharing Group.** This monthly men's group begins meeting **Saturday, January 9<sup>th</sup>**, at 8:30 AM in the St. Matthew Parish Hall located at 316 SE Oak Street in Hillsboro, just across the street from the church. We will begin with reading and discussing Fr. Larry Richards' new book, *Be A Man*. Coffee, juice and donuts (yum!) will be provided, so come on down!
- **Real Catholic Men Retreat – Are You "All In" For Christ?** I can almost guarantee that this could be the high point of your year. Deacon Harold Burke-Sivers and I are putting together a different sort of men's retreat, complete with BBQ, Faith Football™ and TONS of free goodies at the end of the weekend. This dynamic, engaging event is slated for **April 9-11, 2010** at Our Lady of Peace Retreat Center in Beaverton, Oregon. The cost is \$175 and registrations are now being accepted. Forms can be downloaded from the Real Catholic Men website and space is limited, so get your registration in as soon as possible.
- **Women's Tea For Life.** Save the date! Coming **April 17<sup>th</sup>** to St. Cecilia's Parish Center in Beaverton is the 1<sup>st</sup> Annual Women's Tea for Life. This fundraising event, with proceeds benefiting St. Cecilia's Respect Life Committee, Birthright, and Washington County Right-to-Life, will include fabulous food, entertainment, speakers, and exciting raffle/door prizes. Seating will be limited to the first 50 registrants, so tell the women in your life to watch the [www.RealCatholicMinistries](http://www.RealCatholicMinistries) website for more details coming soon!

## Now Taking Submissions for Journey 365™

Real Catholic Ministries is **NOW** accepting reflections and testimonies from Catholic men for the new book **Journey 365: A Year-Long Guide to Spiritual Growth For Catholic Men, by Catholic Men**. Each day will contain a Scripture passage selected by a man of faith, with a reflection on what that passage means to him and how it has made him a better Catholic man. You can download a submission form off the Real Catholic Men website, and e-mail it right back to me! If you have friends and family from around the country who may be interested in participating, please pass along the invitation to them as well. Thank you in advance for your prayers and participation in this endeavor.

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## Spiritual Resolutions for 2010

Let's admit it - we are ALL works-in-progress. I know I am! To that end, I continue to seek things that will help me to become the Real Catholic Man that I am striving to be.

One thing that's helped me immensely over the past few years is having a Spiritual Director. If you know a Church leader who is orthodox and inspires you (priests are preferable), ask if he would consider being your spiritual director. It can't hurt to ask!

One thing your spiritual director might be able to help you with is some "spiritual resolutions" for 2010. Here is what my spiritual director came up with for me; I am including them, below, to hopefully inspire your faith journey:

- 30 minutes of spiritual reading/prayer each day. This can include the daily reading, the Rosary or any other spiritual literature.
- 30 minutes working on Real Catholic Ministries. May not be glamorous, but it sure is necessary.
- Only 1 hour of television each day! This is going to be a hard one for me.
- 30 minutes of Adoration each week. I know we should all do more, but small steps are better for success.
- One extra Mass each week. I guess one of the blessings of being unemployed is that there should be no excuses for not doing this, huh?

May God bless you in this new year. Seek for and put Him first, and all these things shall be added unto you.

## Tax Exemption Coming Soon?

Just an update on the process of acquiring tax exempt status for RCM.

After going at the application like gangbusters in the Fall, I had to take a break in order to write, record and edit episodes for the radio program. Now that the first season (13 episodes) is just about complete, I intend to once again tackle the formidable paperwork.

The cost of filing the application is quite substantial. I guess it's guys like me who help the government take those expensive vacations. God willing, the June conference will be a tremendous success, and I'll have some money left in the kitty to pay the fee. Keep praying.

## Important Dates in January

January 1 <sup>st</sup>	BVM – Mother of God Holy Day!
January 3 <sup>rd</sup>	The Epiphany of the Lord
January 4 <sup>th</sup>	Feast: St. Elizabeth Ann Seton
January 10 <sup>th</sup>	The Baptism of the Lord
January 25 <sup>th</sup>	Conversion of St. Paul
January 28 <sup>th</sup>	Feast: St. Thomas Aquinas

## Resources for Men Growing By The Day. We Must Be Onto Something.

In addition to the new book by Fr. Larry Richards, I have come across so many great resources for men in their search to become the best Catholic they can be. Here are a few I'd like to recommend.

### Books:

- *Spiritual Freedom. God's Life-Changing Gift* by Fr. Dave Pivonka. T.O.R.
- *Imagination Gone Wild* by Fr. Bailey Clemens. A priest in Pendleton, OR who puts on the "Go West Catholic Men" Conference in February.
- *Man to Man. A Real Priest Speaks to Real Men About Marriage, Sexuality and Family Life* by Fr. James Farfaglia.